

THE GOOD NEWS ABOUT THE BAD NEWS

Herpes: Everything You Need to Know

TERRI WARREN, RN, NP



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has owned and operated Westover Heights Clinic in Portland, OR, a private sexual health clinic specializing in STDs, for more than twenty-five years. She speaks nationally and internationally on the topic of genital herpes and has authored papers published in several medical journals. An accomplished researcher, Warren has been investigator or subinvestigator in more than eighty clinical trials, mostly involving genital herpes infections. She is also the herpes expert on WebMD.com, where she answers readers' questions about genital herpes infections. Terri lives in Portland, OR.

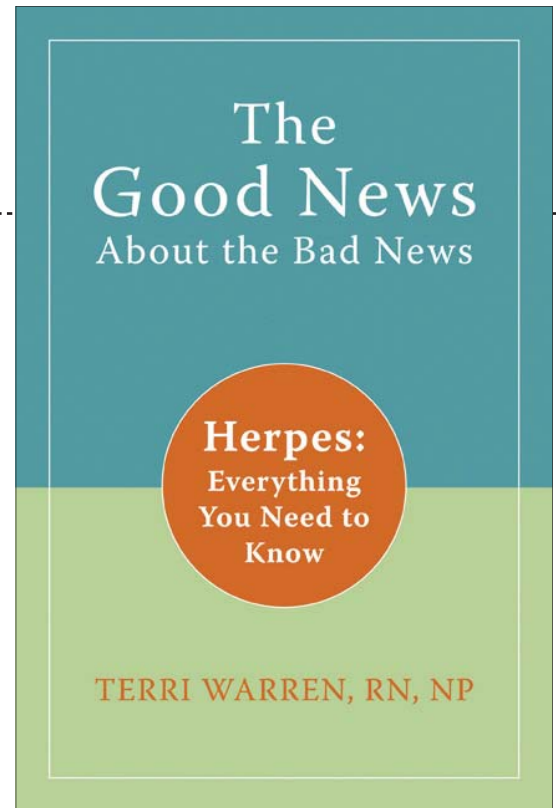
It's Not The End of the World

The number of people living with genital herpes is staggering. Nearly 50 million people in the United States have genital herpes, and there are 500,000 new cases diagnosed each year.

There is more need for a book on herpes treatment than ever, yet there is a dearth of useful, updated information for the diagnosed.

The Good News About the Bad News: Herpes: Everything You Need to Know is a complete guide to living and loving with genital herpes with this core message: a herpes diagnosis is not the end of the world. Written in a positive, honest, and straightforward style, this book shows readers how they can live fulfilling and sexually active lives with the virus. The author Terri Warren, RN, NP, an internationally recognized herpes expert, offers information on understanding herpes symptoms and triggers, treatment options, the latest herpes research, and avoiding transmission to future sex partners. At the end of each chapter, she addresses the most common questions and concerns herpes sufferers have based on her experiences counseling thousands of people with genital herpes in her sexual health clinic and online as the herpes expert at WebMD.com.

The stigma associated with genital herpes can be a powerful disease in itself, and ***The Good News About the Bad News*** addresses the psychological impact on one's self-esteem it can have. Warren gives advice for breaking the news to potential partners about herpes, coping with herpes in monogamous relationships, and finding supportive groups and resources.



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