

New Harbinger Publications
5674 Shattuck Avenue, Oakland, CA 94609

FOR A REVIEW COPY OR INTERVIEW REQUEST CONTACT:
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We are pleased to announce the publication of . . .



Parenting Your Adopted Older Child

HOW TO OVERCOME THE UNIQUE
CHALLENGES AND RAISE A HAPPY AND
HEALTHY CHILD

BRENDA MCCREIGHT, PH.D.

The only thing greater than the demands of parenting an adopted older child are the rewards.

This book shows you how to get them.

*Please consider this helpful new book for review,
for excerption, and for your booklist.*

PARENTING YOUR ADOPTED OLDER CHILD
ITEM PYAO ISBN 1-57224-284-1, (PAPER), \$16.95, 199 PAGES
AVAILABLE AT BOOKSTORES OR FROM THE PUBLISHER,
1-800-748-6273 WITH VISA OR MASTERCARD
WWW.NEWHARBINGER.COM

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Author Brenda McCreight, Ph.D., isn't just an adoption expert with more than twenty year's experience, she's also the mother of seven children who were adopted at an older age.

Over 200,000 children over the age of two are adopted each year. ***Parenting Your Older Adopted Child*** is the only book to address the unique challenges their adoptive parents face. Whether they've adopted children from the U.S. or abroad, parents will find proven ways to overcome common problems and develop healthy, loving relationships with their children.

Readers find step-by-step strategies to:

- Overcome attachment problems;
- Help their adopted child recover from loss and grief;
- End aggressive or sexually intrusive behaviors;
- Cope with attention deficit hyperactivity disorder;
- Deal with fetal alcohol syndrome;
- Counter the challenges of cross-cultural and transracial adoption.

In easy-to-understand language, parents learn how to identify and cope with their children's specific needs and develop their skills to meet the demands of this most unique relationship.

"Immensely practical for all adoptive parents...a must-have road map!"

—Sandra Lenington,
Founder and Manager of
Adopting.org

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Suggested Interview Questions for

PARENTING YOUR ADOPTED OLDER CHILD

1. What are some typical challenges that adopted older children and their adoptive parents face?
2. What is an attachment disorder and why is it sometimes seen in adopted older children?
3. Loss is often an issue that confronts older adopted children. How can parents acknowledge their child's loss and help him or her navigate the grief that it leaves in its wake?
4. How do you define sexually intrusive behavior and what affect does it have on the family?
5. What should you look for in a therapist who treats children who exhibit sexually intrusive behaviors?
6. What are some characteristics of Attention Deficit Disorder and Attention Deficit Hyperactivity Disorder?
7. You say that one of the ways to combat the symptoms of ADD/ADHD is to teach your child to stop, think, and plan. Why is this important for children suffering from these disorders?
8. In *Parenting Your Adopted Older Child* you tell the story of Mary-Beth who adopts a child with Fetal Alcohol Syndrome. What does her story tell us about the difficulties and unique needs of children suffering from FAS?
9. One suggestion you have for parents who have adopted children from other races or cultures is to "stare back" at those strangers who stare at them when they are with their children. Why?
10. What is the "oops response" and how can parents manage it?

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About the Author of

PARENTING YOUR ADOPTED OLDER CHILD



Brenda McCreight, Ph.D., is a family and child therapist and an adoption expert with more than twenty year's experience. She specializes in pre- and postadoption issues including counseling for adoptive and foster families in crisis and for families and children dealing with challenges such as fetal alcohol syndrome, ADHD, conduct disorder, attachment disorder, developmental delays, and cognitive impairment. McCreight is also an adult educator for both professional and lay audiences on issues related to child development, child trauma, adoptive and foster family relationships, and child behavior disorders. She lives in Nanaimo, British Columbia with her partner; they have nine children, seven of whom were adopted as older children.

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What's been said about . . .

PARENTING YOUR ADOPTED OLDER CHILD

“Immensely practical for all adoptive parents, especially those adopting children with special needs. Each chapter details particular challenges facing the family, including children with RAD, FAS, ADHD, and a history of abuse, open adoption, and institutional care. The author states, ‘The real challenge of older child adoption is not one of overcoming differing problems, or differing genetics, or differing pasts, but rather, it is one of moving the child away from feeling alone and toward a sense of belonging.’ Her book is a must-have road map with specific suggestions for achieving this outcome.”

—Sandra Lennington, Founder and Manager of Adopting.org

“Finally! A practical, no-nonsense guide for parents on how to deal with the issues older children face when joining a new adopted family. With trademark humor, Brenda McCreight, mother of seven older adopted children, shows parents how to resolve issues such as grief, loss, and sexual and physical abuse, as well as improve attachment, handle ADHD and transracial issues, and manage the effects of drugs and alcohol. A must-read for anyone raising children with special needs, whether adopted locally or internationally.”

—Karen Madeiros, Adoptive Families Association of British Columbia

“McCreight helps parents who adopt older children to understand an adoptee’s developmental needs. She then moves beyond discussing adoption issues to suggest useful tools for handling the complexities of successful parenting. Parents who are looking for new, creative parenting techniques will appreciate the author’s hands-on, upbeat approach.”

—Diane Martin-Hushman, Parent Group Coordinator, NACAC
(North American Council on Adoptable Children),
and adoptive parent of six children

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