

Angela Watrous and Carole Honeychurch unveil 50 secrets for becoming a sparkling conversationalist who

Their gab sessions are more like gaffe sessions. The awkward pauses in thier conversations could spawn a new theory of time. If given the choice between chatting with a stranger and scaling Everest blindfolded they're on the next flight to Tibet.

Who are they? They're the small-talk challenged and their numbers are legion. At work or play small talk is a source of anxiety. They fret and second-guess themselves after every conversation. But, now--finally--there's help for the tongue-tied masses! In ***Talk to Me: Conversation Tips for the Small-Talk Challenged*** Angela Watrous and Carole Honeychurch offer fifty ways to make the coversation a sensation and the gab fab, including:

- **Wallflowers Anonymous** (Starting Conversations, Speaking Up);
- **The Trusty Switcheroo** (Changing the Subject);
- **Shock the Monkey** (Spicing Up the Conversation);
- **Thanks for Sharing** (Dealing with Overdisclosure);
- **I Don't Think So** (Contradicting Tactfully); and
- **Get Outta There!** (Disengaging from Bad Conversation).

They also provide guidance for dealing with those faux pas' that flummox even the most silver-tongued conversationalists. Audible flatulence, remnants of dinner wedged between a conversation partner's teeth, errant nose debris--Watrous and Honeychurch offer invaluable advice for responding to them with tact and grace. In ***Talk to Me*** even full-blown yackophobes will find everything they need to become sparkling conversationalists!



Angela



Carole

Angela Watrous and Carole Honeychurch are freelance writers and www.ivillage.com relationship experts. They are coauthors of *Love Tune-Ups* and *After the Breakup*.

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**More about Angela Watrous and Carole Honeychurch,
authors of *Talk to Me:*
*Conversation Tips for the Small-Talk Challenged***

Angela Watrous is the editor of *Bare Your Soul*. Her work has appeared on MSN and AOL, and she writes the advice column "Kiss and Tell" for www.planetout.com. She lives in the San Francisco Bay Area. Visit her at www.angelawatrous.com.

Carole Honeychurch, MA, is also an actor who regularly performs and teaches improvisational theatre. In addition to her other books, she is coauthor of *The Self-Esteem Companion*. Carole lives in the San Francisco Bay Area.

"For anyone who has ever felt shy, awkward, or small-talk challenged in social situations this book is the answer!"

-Matthew McKay, Ph.D., author of *Messages: The Communication Skills Book*

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